

Peer Support

Join the journey

June 21, 2022

Oklahoma Peer Support Groups

Active Public Support Groups

(We welcome college nursing students but we ask that you always contact the group facilitator first. We ask that only 2 nursing students at a time visit one of our support groups.)

Bethany – Telephone Conference

Thursday 7:00 PM

Contact Nannette 405-787-6069

Edmond - Virtual

Contact Sarah 405-388-5695

Contact 2 Jeff 405-203-7898

Lawton – Southwest

Lawton Public Library

110 SW 4th St.

Monday 6:30 PM

Contact Laura 580-536-1251

Contact 2 John 580-483-4942

Midwest City

St. Mark's Lutheran

7501 E. Reno Midwest City

Tuesday 6:30 PM

Contact 1 Dawn 405-464-5252

Norman

Norman Central Library

2nd Floor Roserock Room

Thursday 7:00 PM

Contact Diane 405-503-1948

Contact 2 Jackie

jaclyn.pennington@hotmail.com

Oklahoma City

State Office

3000 United Founders Blvd. Ste.

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Wednesday Noon

Contact George 405-413-7778

Crossings Church

14600 N Portland Room 232

Monday 6:30 PM

Contact Katy Jo 405-250-4136

Contact Steve 405-445-8778

Lottie House Drop In

Wednesday Noon

Contact 405-600-3074

OCARTA Drop-In Center -

Virtual/In Person

3:00 Tuesdays

Contact Tyler 405-436-4083

Stillwater

First Presbyterian Church

524 Duncan

Tuesday 6:30 PM

Contact Karen 405-624-1518

Contact 2 Allison 405-714-3166

Yukon

First Christian Church

601 Maple

Tuesday 7:00 PM

Contact Renee 405-209-7477

Contact2 Cheryl 405-882-6467

Rural Oklahoma Zoom

Thursday 6:30 PM

Contact George 405-413-7778

The Rural Oklahoma Zoom support group at 6:30 PM is open to anyone. We are working on getting groups started again in the following locations: Ada, Shawnee, Tahlequah, and Tulsa. If you are interested in one of these please call the office.

Our Mission

To provide hope, help, education, and support to improve the lives of people with mental health disorders.



Depression and Bipolar
Support Alliance
Oklahoma

405-254-3994

www.dbsaok.org

Like us on Facebook @DBSAOK

office@dbsaok.org